

Good morning! Are you exhausted by the end of the day? I am! Pam and I often marvel at the fact that, either we weren't listening or nobody told us, that when you get older you have a *lot* less energy. I was not expecting that! Somehow at the end of most days, we are both just wiped out. I don't know how much is physical and how much is emotional, but the fact is that we have very little energy left to do other things at the end of a work day. Can Jesus identify with that? Sure He can! Jesus often had a busy schedule, too. In order to see what I mean, let's consider a passage that I never really examined closely before; let's read it together:

After they had crossed the lake, they landed at Gennesaret. When the people recognized Jesus, the news of his arrival spread quickly throughout the whole area, and soon people were bringing all their sick to be healed. They begged him to let the sick touch at least the fringe of his robe, and all who touched him were healed.

### **Matt. 14:34-36**

You've read this passage before, right? Take a moment to read all of this chapter; it isn't that long. Now let's take a few moments to consider what a day Jesus had already had by the time we get to this passage. Earlier in the day, Jesus had heard his cousin John had been beheaded. That really affected Jesus as it would anyone---I cannot even imagine hearing that my cousin Anne, for instance had been beheaded (sorry Anne!)---and He withdrew to be alone because, like anyone else, Jesus needed some time to grieve. Then He and His disciples got into a boat. When they reached the opposite shore, there were thousands of people waiting for Him to minister to them. He taught them and healed them and later that evening He miraculously gave them all something to eat. Once again, Jesus tried to get a little time alone, so he put the disciples in a boat and went off alone to pray. The disciples got in trouble on the rough water though, so He walked out to them (on top of the water) and saved them from drowning. Finally, they all reached shore together at Gennesaret. Do you think Jesus finally got a little bit of peace and quiet? Nope! Today's passage tells us that the locals brought their sick to Jesus and He healed them; not just some of them but the Bible says He healed *all* of them. Whew---what a day! And He was only in His thirties; I'm 63! Jesus knows what it's like to be tired. Remember what He said in Matthew 11: *"Come to me, all of you who are weary and carry heavy burdens, and I will give you rest."* Are you are feeling tired and worn out? Go to Jesus and He will understand...He knows just what it's like!